

The Bob Shapell School of Social Work - MA in Crisis and Trauma Studies

## **The psychological toll of Traumatic events – Theoretical and conceptual aspects**

**Semester I, 2014-2015**

**Wednesdays, 14:15-17:45**

Dr. Ruvie Rogel

[rogel@zahav.net.il](mailto:rogel@zahav.net.il)

052-4448480

Course requirements

- **Attendance and participation** - Attendance is mandatory. Active involvement in class discussion is encouraged.
- **Reading** – For each class you will have to read the "required reading". The articles are accessible through the course internet site. Suggestions for additional reading are offered for each of the topics.
- **Final paper** - Select a topic in the area of traumatic experiences you would like to cover in greater detail. The paper is expected to deal with one of the topics covered by the course. Alternatively, the paper may focus on another relevant topic that was not directly discussed in the course (this will require the teacher's approval).

Base your paper on a critical review of current academic literature in the domain (at least 3 literature items from the last 5 years, and another 3 from the last decade).

Papers should be focused, well researched and well written. The goal is for you to learn and get excited about a topic.

Papers should not exceed 15 pages (double space, not including references).

<b>Date</b>	<b>Subject</b>	<b>Reading</b>
29.10	Opening – safe place	
5.11	Introduction to	Herman, J. L. (2002). Trauma and recovery: The aftermath of

	trauma and trauma history	<p>violence from domestic abuse to political terror ((Previous ed.: 1992) ed.). Basic Books</p> <p>Mancini, A.D. &amp; Bonanno, G.A. (2010) Resilience to Potential Trauma- Toward a Lifespan Approach, In Reich, J.W.; Zautra, A.J. &amp; Hall, J.S. (Eds') Handbook of Adult Resilience, New York, 2010 The Guilford Press</p> <p>Ross, G (2003), What Everybody Should know about Trauma in Beyond The Trauma Vortex; the Media's Role in Healing Fear, Terror &amp; Violence, Berkeley, California, North Atlantic Books 1-38.</p> <p>Ringel, S. &amp; Brandell, J.R.(2012) Contemporary Directions in Theory, Practice, and Research- history of Trauma, Maryland SAGE Publications, Inc (11-12)</p>
12.11	Introduction to trauma and trauma history- ASR- PTSD	Trauma- Toward a Lifespan Approach, In Reich, J.W.; Zautra, A.J. & Hall, J.S. (Eds') Handbook of Adult Resilience, New York, 2010 The Guilford Press
19.11	Screening- "The Dolphin Boy"	
26.11	Post trauma interventions	Feist, S.C. (2005) CRISI Intervention is Neither Counselling Nor Therapy United University Professionals working Paper Series (attached)
3.12	Group debriefing – the debate	<p>Everly, G. S. &amp; Mitchell, J. T. (2011) A Primer on Critical Incident Stress Management (CISM) The International Critical Incident Stress Foundation <a href="http://www.icisf.org/a-primer-on-critical-incident-stress-management-cism/">http://www.icisf.org/a-primer-on-critical-incident-stress-management-cism/</a></p> <p>Mitchell, J.T. Critical Incident Stress Debriefing (CISD).University of Maryland <a href="http://www.info-trauma.org/flash/media-e/mitchellCriticalIncidentStressDebriefing.pdf">http://www.info-trauma.org/flash/media-e/mitchellCriticalIncidentStressDebriefing.pdf</a></p>
10.12	The integrative model of coping and resilience Basic	Lahad, M. & leykin, D. (2013) Introduction; The Integrative Model of Resiliency-The 'Basic Ph' Model or What Do we Know about Survival? In Lahad, M., Shacham, M. & Ayalon, O. (Ed's) The "Basic Ph" Model of Coping and Resiliency: Theory,

	Ph	<p>Research and Cross-Cultural Application, London, Jessica Kingsley Publishers 9-30.</p> <p>Farchi, M. D. (2013) From 'Basic Ph' to Trauma and PTSD, In Lahad, M., Shacham, M. &amp; Ayalon, O. (Ed's) The "Basic Ph" Model of Coping and Resiliency: Theory, Research and Cross-Cultural Application, London, Jessica Kingsley Publishers 9-30.</p>
17.12	Implementing interventions-hospital interventions	<p>Kutz, I., Bleich, A (2005). Mental Health Interventions in General Hospitals Following Terrorist Attacks; The Israeli Experience in Danieli, Y., Brom, D. &amp; Sills, J. (Ed's) The Trauma of Terrorism- Sharing the Knowledge and Shared Care, An International Handbook , Binghamton NY , The Haworth Press Inc. 425-438</p> <p>Lahad, M. &amp; Rogel, R. (2004) The need for ER protocol in the treatment of public manifesting ASR symptoms following disaster. The Australasian Journal of Disaster and Trauma Studies 2.</p>
24.12	Resilience and measuring resilience	<p>Norris, F.H., Stevens, H.P., Pfefferbaum, B., Wyche, K.F. &amp; Pfefferbaum, R.L. Community Resilience as a Metaphor, Theory, Set of Capacities, and Strategy for Disaster Readiness, American Journal of Community Psychology (2008) 41:127–150</p> <p>Rosenfeld L.B., Lahad, M. &amp; Cohen A. (2001) Disaster, Trauma and Resilience: A Community Perspective, chapter in The Context of Youth Violence. Eds. Richman &amp; Fraser:</p>
31.12	Professional Quality of life- from compassion fatigue to compassion satisfaction	<p>Bride, B.E. &amp; Figley, C. R (2007) The Fatigue of Compassionate Social Workers: An Introduction to the Special Issue on Compassion Fatigue. Clinical Social Work J (2007) 35:151–153 Springer Science Business Media, LLC 2007(attached )</p> <p>Radey, M. &amp; Figley, C R. (2007) The Social Psychology of Compassion. Clinical Social Work J (2007) 35:207–214 _ Springer Science Business Media, LLC 2007(attached</p>
7.1	Professional Quality of life- from compassion fatigue to	<p>Stam, B.H. (2010). The Concise ProQOL Manual, 2nd Ed. Pocatello, ID: ProQOL.org.  <a href="http://www.proqol.org/uploads/ProQOL_Concise_2ndEd_12-2010.pdf">http://www.proqol.org/uploads/ProQOL_Concise_2ndEd_12-2010.pdf</a></p>

	compassion satisfaction (cont.)	
14.1	Final meeting- Students PP's presentations	